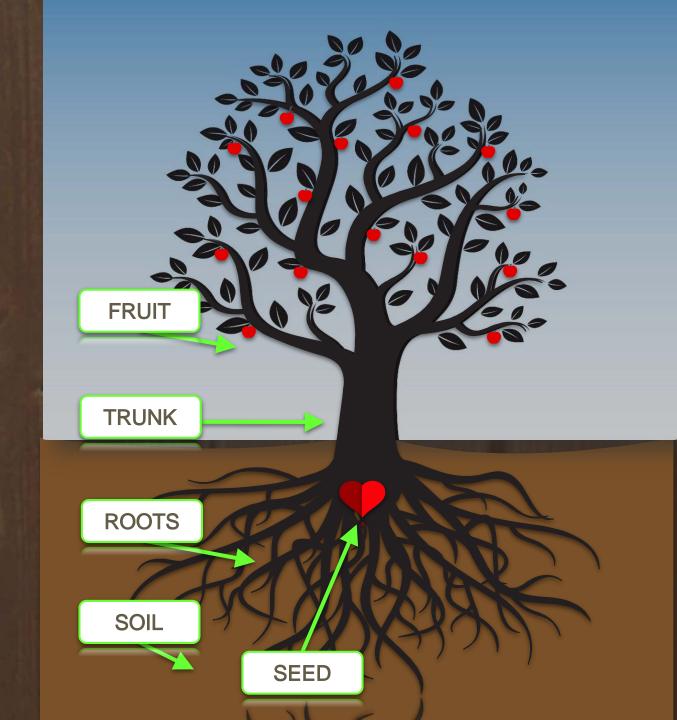


Hope and Help for Women Who Struggle with Sexual Sin

Part 1 - The Tree Model: A Biblical Understanding of Why We Struggle Sexually



FRUIT: Our Behavior and Thoughts



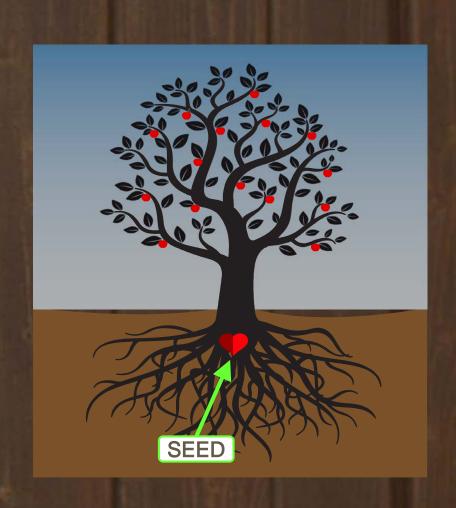
Alexis

- Pornography & erotica
- Solo-sex
- Unbelief
- Teachable
- Humble
- Caring heart

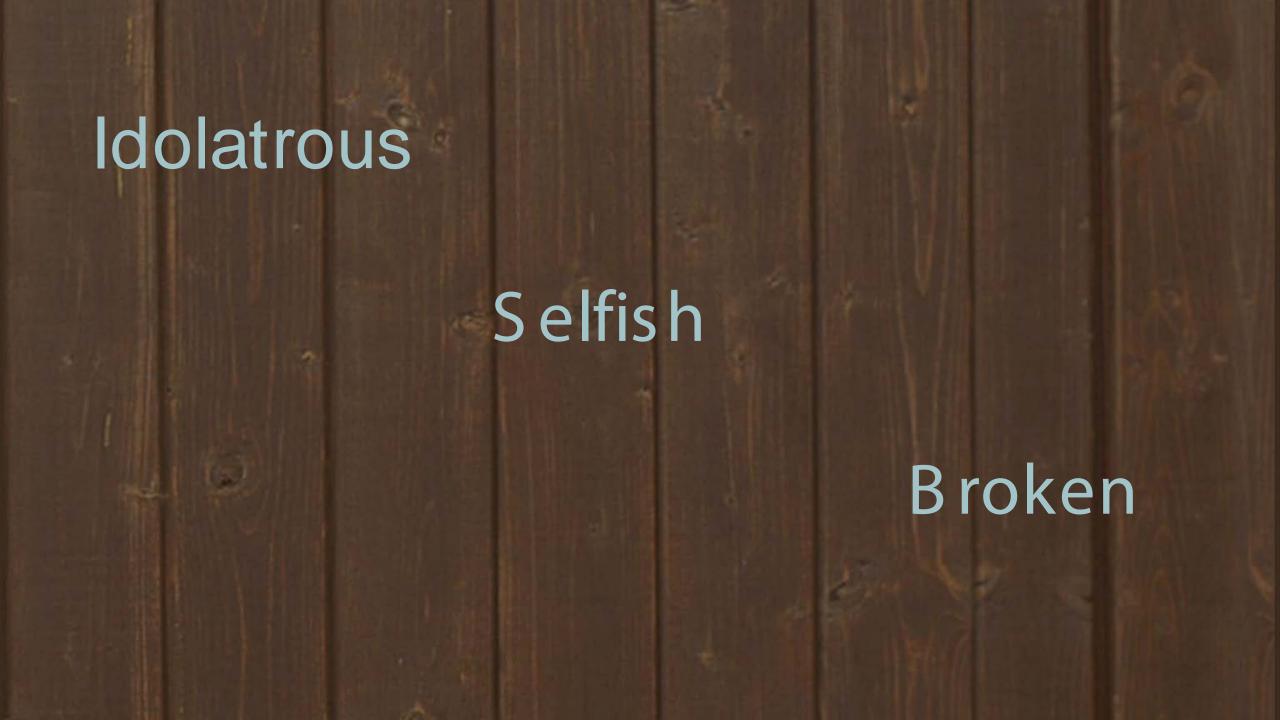


Seed: The Human Heart



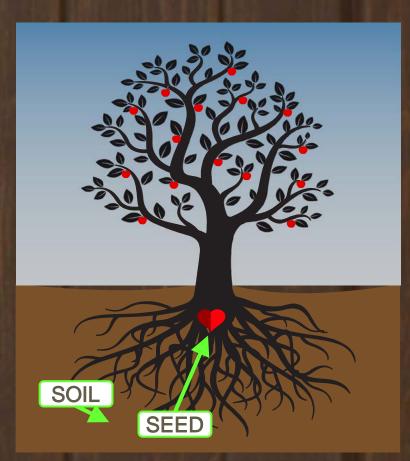


For my people have committed two evils: they have forsaken Me, the fountain of living waters, to dig for themselves cisterns, broken cisterns that can hold no water. Jeremiah 2:13



Soil: Influences Outside Our Control





Gender



Physical Characteristics







Personality and Natural Gifts and Talents









Family Dynamics















Spiritual Warfare

For our struggle is not against flesh and blood, but against the rulers and authorities and powers of this dark world and the spiritual forces of evil in the heavenly realms.

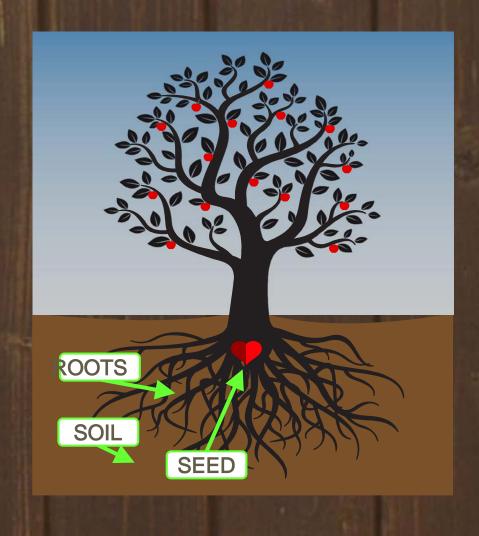
Ephesians 6:10

• 26, single

Alexis' soil

- Coerced to have sex by older man
- Sexual abuse 12-14
- People person, verbal
- Raised in "good Christian home," keep up appearances, Christian college
- Closest 2 friends are engaged
- Never taught about sexuality

ROOTS: Desires



- To be loved
- Intimacy
- Comfort
- Significance
- Pain-free living
- Valued
- Belong
- Known

Desires are powerful motivators!

physical

sexual

mental

emotional

spiritual

How Desires Become Idols

Love
Good Self-Image
Affirmation

Affection

Security

No pain or suffering

Control

Comfort

Understanding

Intimacy

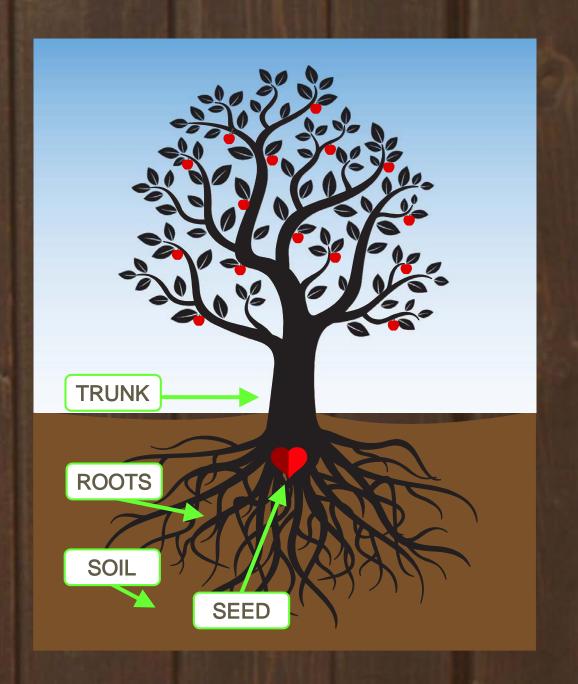
Disappointment
Discouragement
Despair

"I must have this...I don't care what it takes"

Desire

Idol

THE TRUNK: Our true beliefs



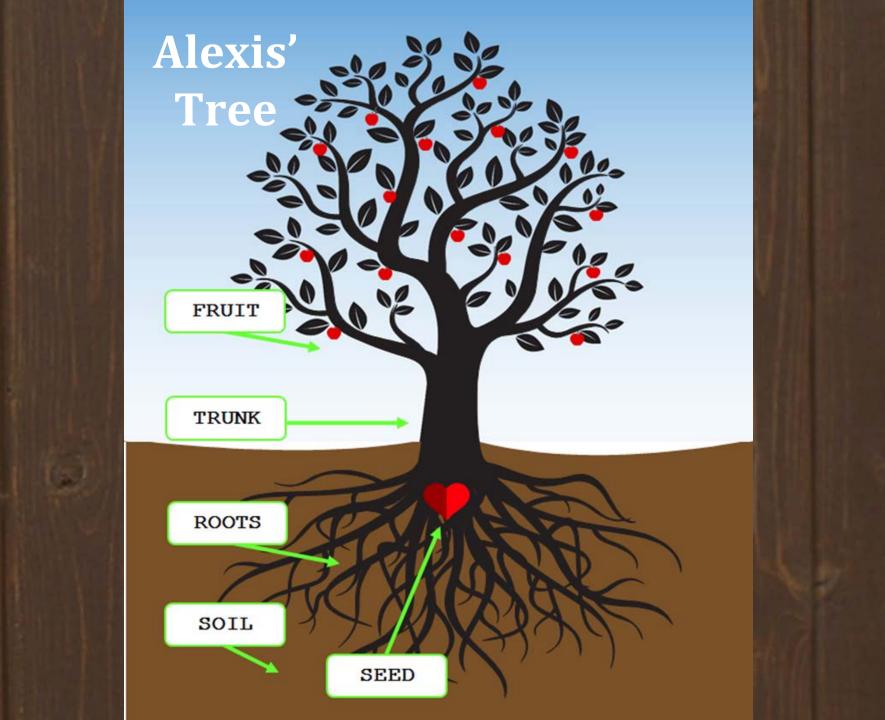
Alexis' True Beliefs

- Loneliness and pain must be avoided
- I'm dirty
- Men aren't safe but I desire marriage
- Can't share this with anyone
- Bible doesn't address my problems, hopeless
- Why them, not me? God's not fair!
- Shame...I'm a hypocrite

THE FRUIT: The Sin Struggle

- Sexual relationships outside of marriage
- Emotionally dependent relationships
- Addictions to porn and solo-sex
- Sexual fantasy life





Through Jesus there is real hope for real change!

"His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness."

2 Peter 1:3

The Gospel for Alexis

- Heart: worship and trust of Christ
- Soil: understood in light of God's redemption and healing
- Desires: submitted to Jesus through faith and obedience

The Gospel for Alexis

- Beliefs: a transformed mind bears out in a biblical worldview
- Life Pattern: Growth in Christlikeness as Jesus increases and Alexis decreases

Part 2: How Christ Brings Change

Jesus: Our Rescuer and Deliverer!

No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it. Therefore, my beloved, flee from idolatry. 1 Corinthians 10:13-14

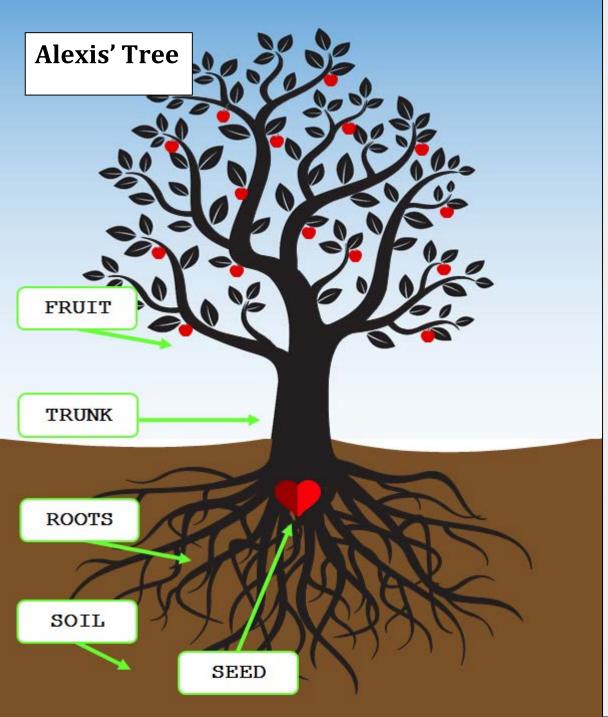
Do not be deceived: God is not mocked, for whatever one sows, that will he also reap. For the one who sows to his own flesh will from the flesh reap corruption, but the one who sows to the Spirit will from the Spirit reap eternal life. And let us not grow weary of doing good, for in due season we will reap, if we do not give up. Galatians 6:7-9

How patterns of sin develop

Alexis

- Teachable
- Humble
- Caring heart
- Pornography & erotica
- Solo-sex
- Unbelief





TRUNK

- Loneliness and pain must be avoided.
- I'm dirty, full of shame, a hypocrite
- Men aren't safe but I desire marriage.
- Can't share my struggles with anyone.
- Bible doesn't address my problems, her situation is hopeless.
- Why them, not me (friends' engagement)? God's not fair!

ROOTS

Hunger for love, affection, affirmation, comfort, intimacy

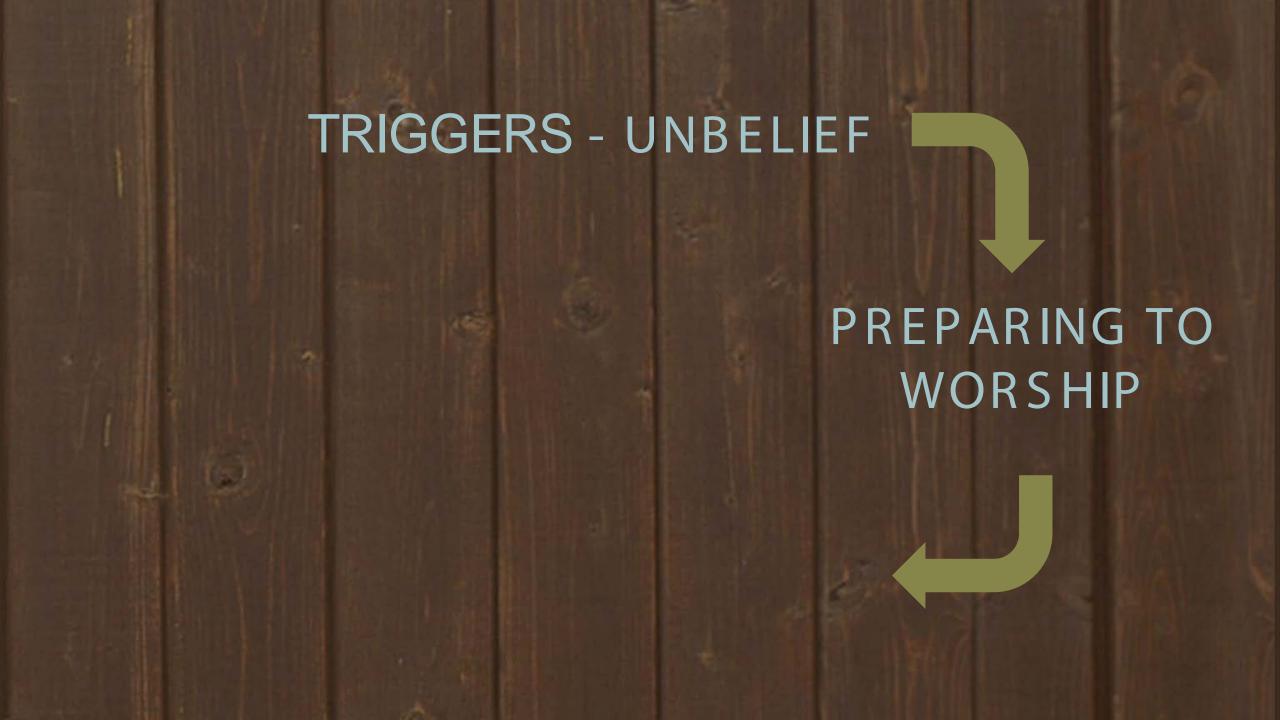
SOIL

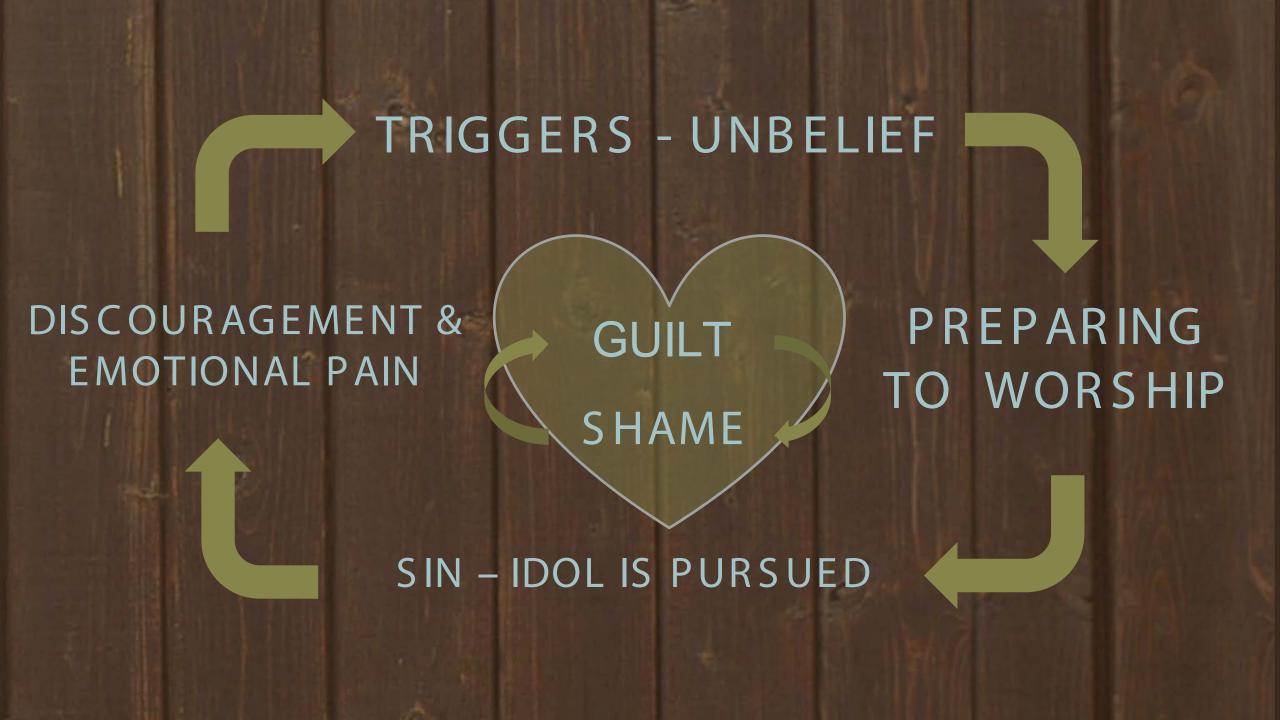
- 26 years old, single woman
- Coerced to have sex by an older man and sexual abuse
- People person, verbal (God's design)
- Raised in a "good Christian home", focus on appearance
- Little teaching re: sexuality
- Two closest friends are engaged.

SEED

- Loves God, wants to change
- Her idolatry is hijacking hope and worship

Blessed is the man who remains steadfast under trial, for when he has stood the test he will receive the crown of life, which God has promised to those who love him. Let no one say when he is tempted, "I am being tempted by God," for God cannot be tempted with evil, and he himself tempts no one. But each person is tempted when he is lured and enticed by his own desire. Then desire when it has conceived gives birth to sin, and sin when it is fully grown brings forth death. James 1:12-15





GOD'S GOODNESS IN TIMES OF TEMPTATION

- An opportunity to draw near to God
- Strengthens our faith for the daily battle
- Christ is exalted and his sufficiency is 'proven'
- Growth in Christlikeness

SURRENDER BELIEVE WHAT IS TRUE

SET HEART & MIND ON JESUS

FAITH HOPE PUT ON
TRUE IDENTITY
& WORSHIP

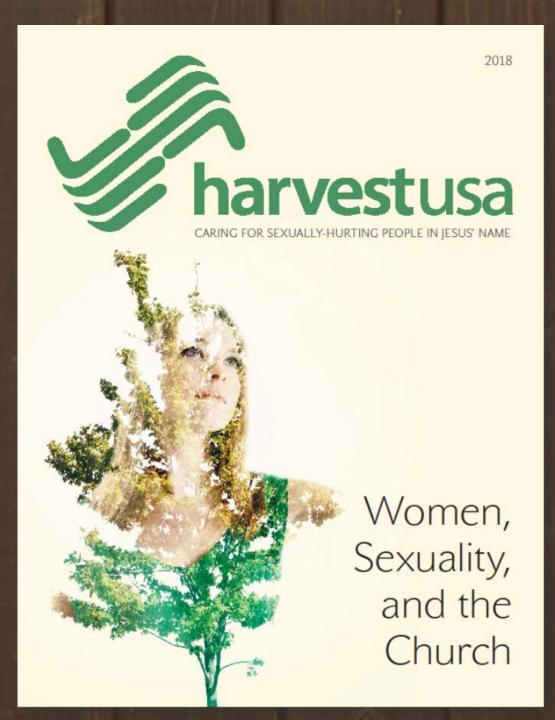
PUT OFF
FLEE TEMPTATION
AND SIN

SURRENDER BELIEVE WHAT IS TRUE

SET HEART & MIND ON JESUS

FAITH HOPE PUT ON
TRUE IDENTITY
& WORSHIP

PUT OFF
FLEE TEMPTATION
AND SIN



We publish a magazine two times a year, always focusing on applying the gospel to topics surrounding sexuality and gender. If you'd like to be on our mailing list, send us an email with your home address to info@harvestusa.org.





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