

HELPING MEN STRUGGLING WITH SEXUAL SINS AND DAMAGED MARRIAGES

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Session I: Men and Lies

Introduction

All sinful lusts *lie* (Ephesians 4:22; Romans 7:11; Hebrews 3:13, 11:25; 2 Peter 2:13). As Eugene Peterson put it: “Every temptation that comes to me is packaged as a *good*.” (emphasis added)

A. Lie of Consequences

B. Lie of Control

C. Lie of Impact

D. Lie of Invisibility

E. Lie of Minimalizing

F. Lie of Pie

G. Lie of Relief

H. Lie of Worship

I. Lie of Vacuum

J. Lie of Identity

Recommended Resources

Challies, Tim. *Sexual Detox* (Cruciform: 2010).

Coats, Dave. *Building a Pure Life* (Leominster, England: DayOne, 2012).

Lambert, Heath. *Finally Free* (Grand Rapids: Zondervan, 2013).

Reju, Deepak. *Pornography: Fighting for Purity* (Phillipsburg, New Jersey: P&R, 2018).

Street, John ed. *Men Counseling Men* (Eugene: Harvest House, 2013).

SESSION II: PRIVATE SIN HABITS

Introduction

While many Christian men may not wrestle with overt, public moral failures, countless many struggle with private sin habits which defeat their spirit just as much, if not more, than the public scandals. Indeed, they know what it means to be a prisoner of their own private appetites.

A. Precipitating Factors

B. General Nature

C. Aftereffects

D. Scriptural Verdict

E. Transformation Possibility

Recommended Resources

Berg, Jim. *Changed into His Image, 2nd Edition* (Greenville: BJU Press, 2018).

Lambert, Heath. *A Theology of Biblical Counseling* (Grand Rapids: Zondervan, 2016).

Lutzer, Erwin. *How to Break a Stubborn Habit* (Eugene: Harvest House, 2017).

Pierre, Jeremy. *The Dynamic Heart* (Greensboro: New Growth, 2016).

Scott, Stuart. *The Exemplary Husband* (Bemidji, MN: Focus, 2000).

Street, John ed. *Men Counseling Men* (Eugene: Harvest House, 2013).

SESSION III: THE QUIET SUFFERER

Introduction

When men in marriages struggle against the intense fleshly gravity of moral failures (e.g. pornography, unfaithfulness, etc.), not only must they embark on the strenuous journey of progressive sanctification (1 Timothy 4:7b–8), but they must also grasp what they have brought upon their wives. A husband’s carnage is not restricted to the island of his own existence; it deeply impacts his wife. The wise, repentant husband (2 Corinthians 7:11) will be helped in his growth as he takes a close, sobering look at the journey that he has forced on his wife—*the quiet sufferer* (Proverbs 20:5).

A. How she must see *God*.

B. How she must see *herself*.

C. How she must see *her husband*.

D. How she must see *marriage*.

E. How she must see *forgiveness*.

F. How she must see *church*.

Recommended Resources

Bruans, Chris. *Unpacking Forgiveness* (Wheaton: Crossway, 2008).

Harvey, Dave. *When Sinners Say, "I Do"* (Wapwallopen: Shepherd, 2007).

Ricucci, Gary and Betsy. *Love That Lasts* (Wheaton: Crossway, 2006).

Newcomer, Jim. *Help! I Can't Forgive* (Wapwallopen: Shepherd, 2017).

Smith, Winston. *Help! My Spouse Committed Adultery* (Greensboro: New Growth, 2008).