

14-DAY 'SANCTIFY ME' CHALLENGE WORKSHEET FIVE-MINUTE DAILY DEVOTION WITH RAND HUMMEL



At the 2021 Bible Conference, President Pettit challenged BJU students to engage in a daily five-minute devotion. Rand Hummel offered up his Daily Meditations as an opportunity to do just that.

**YOUR 14-DAY 'SANCTIFY ME' CHALLENGE:
Between now and April 25,
read or listen to and apply Rand's email devotional daily.**

INSTRUCTIONS

1. Go to <https://www.randhummel.com>, scroll down slightly to find Daily Meditations, and subscribe.
2. Read or listen to the Daily Meditation that will appear in your email at a time of day it works for you to set aside a few moments to contemplate.
3. At the end of each Meditation is an observation or challenge. Think about how it applies to your life and an area of sin or needed growth. Write it down. Then each day for the rest of the challenge, ask God to make that application real.
Rinse and repeat (there should be 14 such brief prayers by day 14).

*Example: On March 16, Rand compared Jonah's self-love to Paul's unselfish love and asked if we had a reason to be selfishly angry. He encouraged readers:
"Don't be angry. Desire to live for God. God will prepare and deliver everything we need to accomplish His will."*

Our prayer could be to ask God to show us where we are being selfishly angry and change that to a desire to live for Him.