

ACBC and BJU/Seminary Guidelines (REVISED)

April, 2023

ACBC has notified us that BJU students seeking certification **now must apply within the ACBC certification Dashboard system** for a current and orderly process and for proper record keeping.

Any BJU student seeking to be certified, should create an account now on ACBC's website.
<https://biblicalcounseling.com/training/certification/>

The cost is \$100 for the application fee but this fee will go to the ACBC grader for the grading of the exams (Phase Two).

All BJU students will need to keep their own detailed record of personally watching the 3 modules from 180 ministries, the 10 hours of observation videos, the required reading, and the logging of the 50 hours of supervision (including the name of the Fellow and supervising assistant).

PHASE ONE

After the student has watched the 30 hours of Phase One fundamentals online training from One-eighty Ministries (the three modules) and has watched the 10 hours of observations (either live with an ACBC counselor or via video), he or she can complete Phase One requirements and enter them on the dashboard.

Go to <https://oneeightyministries.org/online-training/> (for the 30 hours of online training for the fundamentals)

Register for the Fundamentals Training - <https://oneeightyministries.org/register/>. One payment is needed per module ten-hour module (three modules total). Sign up using the discount code ^{*(Please Contact seminary@bju.edu for the discount code)} with your student email address. The cost should come to \$20/module. Access is given for up to 3 months for each module. Please email info@oneeightyministries.org for any questions

For video observations, choose from: (10 hours/sessions only)

1. IBCD (Institute for Biblical Counseling and Discipleship): <https://ibcd.org/a-new-homepage-18/> (Access to all training and observation videos for \$55/year).

2. Faith Resources: <https://store.faithlafayette.org/all-products/biblical-counseling-observation-10-digital-videos/> (\$89)
3. Masters University (observation videos of women counseling women):
https://www.amazon.com/The-Masters-University-Biblical-Counseling/dp/B08JSC5N62/ref=cm_cr_arp_d_product_top?ie=UTF8 (\$125)

The student will also need to read and enter the 1000 pages of required reading from ACBC's approved reading list (please check and see what reading in your classes qualifies). He or she will also need to submit other reference forms to move on to Phase Two. One-eighty Ministries must be notified by the student that he or she is a BJU student who is working through the candidacy process, so this can be noted on the One-eighty Ministries online Training Certificate as well as on the ACBC dashboard.

PHASE TWO

"In Phase 2 you will be tested and evaluated to ensure your faithfulness to the Word of God in counseling. . . . The ACBC Exams are comprised of 44 essay-style questions on theology and counseling. Each answer should be 1-1.5 pages long. You will complete these open-book tests at your own pace, then submit them to ACBC for grading.

Your exams are graded on a pass, rewrite, or fatal error basis. Your grader will likely suggest revisions on your exams and will give tips to help you deepen your understanding. This is an excellent opportunity to humbly grow in your understanding of many important topics!

You will have three months to submit rewrites of your exams from the date your graded exams are returned to you."

BJU seminary will spread these exam questions throughout your coursework as follows:

1. Theology questions 1-12 will be written in STh 601: Systematic Theology I.
2. Theology exam questions 13-24 will be written in STh 602: Systematic Theology II.
3. Counseling exam questions 1-11 will be written in SCM 631: Theories of Counseling.
4. Counseling exam questions 12-20 will be written in SCM 635: Advanced Counseling Issues.

The exams will be graded for class points as part of your course requirements, but once you have written them all, you must submit them yourself to OneEightyMinistries.org (for ACBC grading). One Eighty Ministries is an ACBC-certified training center and has clearance from ACBC to grade the exams for ACBC certification. Details will be forthcoming.

After the two parts are completed (Theology and Counseling), the student is to go on the ACBC dashboard, and upload the entire exam (Part 1 and 2). The student will need to request a 180 Ministry grader (Mark Smith, Shelbi Cullen or Jamaica Skelton) or they can have the option of using other graders with ACBC. The grader will be in contact through the dashboard on any possible rewrites. The student's application fee will cover the grading process. Once the total exam is passed on the dashboard, and possible rewrites are passed, the student will be moved on to Phase Three.

There is one exception to moving on to Phase Three for our students. If the student has passed Phase One, they are permitted to take Practicum One (25 hours) as their exams are being finished.

PHASE THREE

Now the student enters the last phase of the Certification process; 50 hours of supervised counseling. ACBC requires fifty-hours of counseling experience supervised by ACBC-approved supervisors. SCM 640 Practicum I will provide you with twenty-five hours of supervision, and SCM 695 Practicum II will provide you with the remaining twenty-five hours of supervision needed for ACBC supervision requirements. Your Practicum professor will assign you to ACBC-qualified supervisors. You will not need to find these on your own.

You must find your own counselees, however. Ideally, these should be children, teens, or adults in your church either in Greenville or at your home. You can talk to your church staff to see if they can recommend people who need discipling. You will profit the most from the experience if these counselees are not peers at BJU.

You will complete weekly case reports following the ACBC report forms provided in your practicum courses and submit them to the proper Canvas assignment folders. Your supervisor will read them and discuss them with you in your weekly meetings which are arranged between you and the supervisor.

Our students can take Practicum 1 without having passed their exams yet, but they cannot take Practicum 2 until their ACBC exam is graded and passed. The student will need to counsel 2 individuals per week and complete the ACBC 16-question case report for each session. This report will need to be sent to the supervisor within a day or two for feedback. It is up to the student to secure 2 people to counsel through the semester. It would be wise to ask 3 people to counsel in case one drops out. The required number of hours/sessions is 25. The student's grade will decrease a letter grade for every 3 cases short of 25. If the case reports are below 15, he/she will need to repeat the class (although the number of hours they counseled will still apply towards the 50 hours required by ACBC). The Supervisor is not obligated to grade any case reports after the end of the semester.

The student will be assigned one of these ACBC Fellows to supervise his or her counseling in this Phase. The student will need to sign up for the Practicum Courses and Dr. Scott will help make sure students are evenly distributed to these Fellows:

- Dr. Stuart Scott (fellow)
- Dr. Greg Gifford (fellow)
- Dr. Ben Marshall (fellow)
 - o Mark Smith (assistant to the fellows)
 - o Dr. Shelbi Cullen (assistant to the fellows)
 - o Mrs. Jamaica Grover-Skelton (assistant to the fellows)
 - o Chris Bruynzeel (assistant to the fellows)

The student will need to let the ACBC office know which ACBC Fellow they have been assigned. The student's Fellow may choose to utilize a supervising assistant for 25 of the 50 hours. BJU will pay the Fellows for their supervision from the class fees. The supervisor and the student will meet (in person or via zoom) at least 5 times during the 25 hours along with feedback throughout the semester on the case reports. The Fellow supervisor will make sure the supervising assistant is paid from his fee.

It is up to each student to keep a detailed record of their reading, the 3 modules they watched, the 10 observation hours they watched and the case reports for their supervised counseling. Once they are on the ACBC dashboard, they can upload their information in each of the 3 Phases they are in.

When all the hours are accounted for on the ACBC Dashboard, and if the Fellow believes the student should be recommended, the Fellow will fill out the final form for the student's certification. Any additional work recommended is at the discretion of the Supervising Fellow. The fellow must in good conscience recommend the student as ACBC competent to counsel for ACBC. Every student needs to know that certification with ACBC is dependent on the assimilation of all 3 Phases of training and adherence to all ACBC Standards and Statements.

Going forward, like other professional organizations, you will need to pay an annual membership fee to stay certified. Currently, ACBC membership fees are \$115.

FOR THOSE WHO ALREADY COMPLETED THE MABC AT BJU

For those students who already have completed their MABC, they will need to make application with ACBC and begin the process with watching the 30 hours of Phase One at One-eighty Ministries or a similar ACBC training center. They will need to record the reading done that complies with the reading list and have recommendation forms filled out and submitted. '

Next, they will need to move on to Phase Two and submit the exams they have already done (with the corrections suggested by the grader). Once these exams are passed, only then can they move forward with Phase Three of 50 hours of supervision by an ACBC Fellow.

For any hours you were supervised (up to 25), you will need to record the supervisor and their Supervising Fellow that you had from Low Country and keep the case reports you did on record. Once you move to Phase Three on the dashboard, you can request a fellow (from the list above) to finish the hours you have and the ACBC office will manually update your counseling record to reflect what you did and still need to complete Phase Three. There must be a Fellow overseeing the counseling hours that you did and do, even if they used an assistant for 25 of them.

How monies will be handled:

- The ACBC application fee will be paid by the student when they apply online at www.biblicalcounseling.com
- The student will need to pay for the 3 modules (10 hours of instruction per each module) on One-eighty Ministries website when they view the 30 hours of Phase One (\$20 for each module, \$60 total).
- The practicum lab fees will be paid by the student (\$450 each semester) when they enroll in each Practicum course.
- The 180 supervisors will be paid by BJU through the 180 Ministries' site from the student's practicum fees.

Practicum Scholarship Available

BJU Seminary helps offset some of these Practicum costs by providing \$500 for an academic year through the Jim & Patty Berg Scholarship. You must be enrolled in a minimum of eight credit hours and must be a resident student (at least 50% of classes must be taken via livestream, advanced modules, flex classes, or in-person attendance). You must also maintain the minimum GPA for your program. Contact seminary@bju.edu or call 864.241.1657 for application procedures.

The Best of Both Worlds at BJU Seminary

An MA in biblical counseling at BJU provides a far more robust training experience than any individual can get pursuing ACBC certification on his own. The training component for ACBC consists of thirty hours of seminar training. A student graduating from the MA in biblical counseling at BJU has logged approximately 1735 hours of training. These hours include the classroom instruction, time spent on research, writing papers, quizzes, tests, and classroom projects.

BJU Seminary is very pleased to offer all the requirements needed towards ACBC certification as a value-added experience at a lower cost for the certification component than a student would

have to pay as an individual pursuing certification on his own. If you qualify for the scholarship, the cost for ACBC certification at BJU Seminary is reduced even further.

We are thrilled to have you a part of our premiere biblical counseling graduate program!



ACBC Approved Reading List

The following books will be helpful to you as you complete your ACBC exams. Individuals pursuing ACBC Certification are required to read **1,000** pages or more from the following resources, **300** pages of which must be from the Biblical Counseling & Theology text category.

Biblical Counseling & Theology

A Theology of Christian Counseling
by Jay Adams

A Theology of Biblical Counseling by
Heath Lambert

*Biblical Doctrine: A Systematic
Summary of Bible Truth* by John
MacArthur and Richard Mayhue

Systematic Theology by Louis
Berkhof

Systematic Theology by John Frame

Christian Theology by Millard
Erickson

Basic Theology by Charles Ryrie

Moody Handbook of Theology by
Paul Enns

*The Inspiration and Authority of the
Bible* by B.B. Warfield

Words of Life by Timothy Ward

Created in God's Image by Anthony
A. Hoekema

*Power Encounters: Reclaiming
Spiritual Warfare* by David
Powlison

*A Fight to the Death: Taking Aim at
Sin Within (Strength for Life)* by
Wayne Mack

Trusting God by Jerry Bridges

God's Greater Glory by Bruce Ware

*When People are Big and God Is
Small* by Ed Welch

*Counseling One Another: A Theology
of Inter-personal Discipleship* by Paul
Tautges

Counseling & Anger

Uprooting Anger by Robert Jones

Anger & Stress Management by
Wayne Mack

The Heart of Anger by Lou Priolo

Counseling & Sorrow

Out of the Blues by Wayne Mack

Spiritual Depression by Martyn
Lloyd Jones

Counseling & Anxiety

Courage: Fighting Fear with Faith by
Wayne Mack

*Overcoming Fear, Worry, and
Anxiety* by Elyse Fitzpatrick

Counseling & Avoidance

*Finally Free: Fighting for Purity with
the Power of Grace* by Heath
Lambert

Addictions: A Banquet in the Grave
by Ed Welch

The Heart of Addictions by Mark
Shaw

Counseling & Conflict

The Peacemaker by Ken Sande

Unpacking Forgiveness by Chris
Brauns

Pursuing Peace by Robert D. Jones

Biblical Crisis Counseling: Not If, But When by John Babler

Introduction to Biblical Counseling

The Christian Counselor's Manual by Jay Adams

How to Help People Change by Jay Adams

Counseling: How to Counsel Biblically by John MacArthur

Seeing with New Eyes by David Powlison

Instruments in the Redeemer's Hands by Paul David Tripp

The Trellis and the Vine by Colin Marshall and Tony Payne

The Biblical Counseling Movement after Adams by Heath Lambert

Counseling the Hard Cases edited by Stuart Scott and Heath Lambert

Discipling the Flock by Paul Tautges

Blame It on the Brain? By Ed Welch

How People Change by Timothy Lane and Paul David Tripp

Putting Your Past in Its Place by Steve Viars

Competent to Counsel by Jay Adams

Speaking Truth in Love by David Powlison

Counseling by the Book: Revised and Expanded Edition by John Babler and Nicholas Ellen

Counseling & Family

Peacemaking for Families by Ken Sande

This Momentary Marriage by John Piper

When Sinners Say I Do by Dave Harvey

The Excellent Wife by Martha Peace

The Exemplary Husband by Stuart Scott

Big Truths for Young Hearts by Bruce Ware

God, Marriage, and Family by Andreas Köstenberger

The Faithful Parent by Stuart Scott and Martha Peace

Shepherding a Child's Heart by Ted Tripp

You Never Stop Being a Parent by Jim Newheiser and Elyse Fitzpatrick

Marry Wisely, Marry Well by Ernie Baker

The Biblical Counseling Guide for Women by John and Janie Street

In the Aftermath: Past the Pain of Childhood Sexual Abuse by Pamela Gannon and Beverly Moore